

## 1. Fresh Vegetables & Fruits (Updated)

Tomatoes

Cucumbers

Bell Peppers

Cabbage (red)

Cabbage (white)

Carrots

Beetroots

Green Beans

Eggplant

Mangoes

Pineapples

Bananas

Papaya

Watermelon

Added:

Sukuma wiki

Mukene (silver fish)

Dry fish (Tilapia)

Emale

Nile perch (Empuuta)

Citrus

Avocados

Matooke (Green Bananas)

Jackfruit (Fresh)

## 2. Bulk / Storage Produce (unchanged)

Onions (red)

Onions (white)

Garlic

Potatoes

Sweet Potatoes / Yams

Cassava / Root Tubers

Pumpkin / Squash

Storage Tubers

Dried Peppers / Chilies

Dried Mushrooms

Kidney Beans

White Dried Beans